Medical Acupuncture, a term coined by Dr. Joseph Helms, founding President of the American Academy of Medical Acupuncture, has helped to advance the acceptance of acupuncture practice in Western Medicine. Today, acupuncture is widely practiced in the U.S. The 2012 National Health Interview Survey (NHIS), which included a comprehensive survey of CAM use by Americans, showed that approximately 33 percent of adults use CAM. See the nccih website for more about acupuncture.

The State University of New York Downstate Medical Center is one of 64 campuses in the State University system. The State University of New York (SUNY) is the largest public university system in the nation and offers a complete range of academic, professional and vocational programs. The Downstate Medical Center campus, located in Brooklyn, comprises a College of Medicine, College of Health Related Professions, College of Nursing, School of Graduate Studies, School of Public Health, University Hospital of Brooklyn and Long Island College Hospital. It is one of the nation’s leading medical centers, and the only academic medical center in Brooklyn. It serves a population of over 2.3 million people which is one of the most diverse populations in the world.

Graduates of our Acupuncture program represent various medical disciplines such as Rehabilitation Medicine, Primary Care, Surgery, and Dentistry

### PROGRAM OVERVIEW

The program consists of 300 hours of didactic seminars and clinical workshops and concentrates on the following:
- fundamentals of acupuncture theory
- channel and point locations and functions
- concepts and approaches in Chinese diagnostics and therapy
- needling techniques
- patient management for the most prevalent conditions facing the practitioner

The Program is designed to meet the acupuncture curricula of the New York State Education Department. The sequence of educational activities represents 300 hours of formal instruction in practice acupuncture. The course is divided into three sections which can be taken independently. Lectures involve the basic aspect of acupuncture which includes video course viewing, and supervised clinical training.

### PROGRAM OBJECTIVES

Upon completion of this program, the participants will be able to:
- describe fundamentals of acupuncture theory
- identify channel, point locations, and functions
- interpret concepts and approaches in Chinese diagnostics and therapy
- demonstrate needling techniques
- establish patient management for the most prevalent conditions facing the practitioner
- employ acupuncture skills in their medical practice and be well prepared for study in any specialized or advanced aspects of acupuncture.
TARGET AUDIENCE

This 300 hour educational program qualifies participants for New York State Acupuncture Certification. The program is open only to licensed physicians and dentists. If you are licensed outside of NYS, please call your Medical Board to find out the required hours for licensing.

PROGRAM DATES AND SCHEDULE OF CLASSES

The program starts in September and in March and runs for approximately six (6) months. The program is conducted on weekends. Sessions meet Fridays 4 PM to 8 PM; and Saturdays and Sundays, 9 AM to 6 PM.

Classes for components I & II are schedule bi-weekly. The clinical demonstration component (Section III) schedule is based on clinic & physician availability.

Section I
Basic Aspects of Acupuncture
The basic aspects of acupuncture are presented in this section, which is covered by 66 hours of instruction and 34 hours of video course viewing assignments.

Section I begins with an historical and scientific overview of acupuncture. It explains its context in modern medicine; describe Ying Yang Theory; Theory of Five Elements; Essence, Energy, Blood & Body Fluid; Eight Principles and Zang-Fu Theory. It also introduces Tongue & Pulse Diagnosis, Meridians & Channels and Significant Acupuncture Points, and addresses palpitation and needling skills to initiate learning the manual skills of acupuncture.

Precautions, contraindications, managing accidents of acupuncture theory, and dangerous points are discussed.

Section II
Specific Uses and Techniques of Acupuncture
Designed to meet 100 hours of specific uses and techniques of acupuncture.
1. Basic acupuncture: Myofascial pain and fibromyalgia management.
2. Basic acupuncture: Head and facial pain management.
3. Basic acupuncture: Low back pain management.
4. Basic acupuncture: Neuropathic pain management.
6. Acupuncture therapy for respiratory system and mouth disorder.
7. Acupuncture therapy for toothache; gingivitis; post-extraction; pharyngitis; allergies; acute sinusitis, rhinitis, tonsillitis and bronchitis; colds and flu and asthma.
8. Acupuncture therapy for gastrointestinal disorders: esophageal spasm; colitis; hiccough; gastropatosis; gastritis; ulcer; constipation; diarrhea and nausea following surgery or chemotherapy and for nausea of pregnancy.
9. Acupuncture therapy for heart problems; palpitations; high blood pressure; menstrual cramps; infertility; premenstrual syndrome; and sexual dysfunction.

Section III
Clinical Demonstration
This section is designed to provide 100 hours of supervised clinical activities. The clinical unit is structured to reinforce the classroom presentations into practical application. Clinical rotations take place at state-of-the-art facilities in New York City.
**ACCREDITATION**

The State University of New York has approved the Medical Acupuncture Program at Downstate as a non-credit certificate (HEGIS #5299) program meeting the 300-hours requirement to become a licensed practitioner of acupuncture in New York State.

The State University of New York (SUNY) Downstate Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. SUNY Downstate Medical Center designates this live for a maximum of 300 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This program is approved by the American Board of Medical Acupuncture as meeting the minimum educational standards for board certification with the ABMA.

**Special Needs:** In accordance with the Americans with Disabilities Act, SUNY Downstate Medical Center seeks to make this course accessible to all. If you have a disability which might require special accommodations, please contact the Office of CME or e-mail your needs to: ocme@downstate.edu.

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**ADMISSION REQUIREMENTS**

This certificate program is open only to licensed physicians and dentists. The applicant should:

- complete the attached application form;
- provide a curriculum vitae
- provide a current, active medical or dental license and registration, and
- Proof of medical insurance

Applicants who are residents are required to provide a letter from the program director indicating the licensed resident's status. MD license is required for NYS certification. If you are licensed outside of NYS, please call your Medical Board to find out the required hours for licensing.

**REGISTRATION INFORMATION**

Register online at http://www.downstate.edu/cme/acuschedule.html

**PAYMENT**

To pay by credit card, download the attached form, http://www.downstate.edu/cme/documents/creditcardform.pdf and fax to us at (718) 270-4563.

To pay by mail, make check payable to OCME Research Foundation and forward check to Office of CME, 450 Clarkson Avenue MS 1244, Brooklyn, NY 11203.

**REFUND**

A full refund will be given if the course is cancelled, discontinued by the college, or if you are not accepted into the program. Cancellation by a program participant will be accepted one week before class is scheduled to begin; a $150 cancellation fee will be charged. Once the program has begun, tuition is non-refundable. OCME has the right to cancel the course or change lecture dates. We will notify you of any such changes.

**TRAVEL DIRECTION**

http://www.downstate.edu/directions/

**PARKING**

Hospital Valet Parking is available from 6:00 a.m. to 6:00 p.m., located at 445 Lenox Road and Brooklyn Avenue. The fee is $10.00

For additional information regarding this program, please call (718) 270-2422 or send us an e-mail at ocme@downstate.edu
# Medical Acupuncture at Downstate Registration

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Tuition for the entire certificate program is $6,000. You may register for each section individually ($2,000 per section). For payment arrangements please contact the Office of CME at 718-270-2422. Fee does not include books and required materials such as needles.

- Full program, $6,000
- Full program, $5,500 **SUNY physicians only**
- Section I, $2000
- Section II, $2000
- Section III, $2000

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**Signature**

**Date**

I hereby authorize SUNY Downstate to charge my credit card for the amount indicated above.

I hereby certify that all the information given in this application is accurate and complete. I understand that all the information contained in this application will be treated confidentially and will be used for institutional purposes only. I realize that failure to provide complete and accurate information may affect my admission. I understand that my application will not be considered until all necessary documents are received by the Office of Admissions.

**Signature of Applicant**

**Date**